

2nd Grade Health Pacing Guide			
Chapter	Days	Lessons	Assessment
1 Personal Health	8	1.1–1.4 (4)	4
2 Growth and Development	8	2.1–2.4 (4)	4
3 Emotional and Intellectual Health	8	3.1–3.4 (4)	4
4 Family and Social Health	6	4.1–4.3 (3)	3
5 Nutrition	6	5.1–5.3 (3)	3
6 Physical Activities and Fitness	4	6.1-6.2 (2)	2
7 Disease and Prevention Control	6	7.1-7.3 (3)	3
8 Alcohol, Tobacco, and Drugs	6	8.1-8.3 (3)	3
9 Safety and Injury Prevention	12	9.1-9.6 (6)	6
10 Community an Environmental Health	6	10.1-10.3 (3)	3

Year-to- Date
8
16
24
30
36
40
46
52
64
70